

FOR OFFICIAL USE ONLY

Race Number \_\_\_\_\_  
abcdefghijklmnopqrstuvwxyz ●

**OFFICIAL ENTRY FORM**

Date of Birth: \_\_\_\_\_

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: M F

Email: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

How did you hear about us?  
\_\_\_\_\_

T-shirt Size: S M L XL XXL  
Youth 10-12 Youth14-16

I will use my own Champion Chip # \_\_\_\_\_

**Waiver Statement (entry invalid if not signed):**

I assume full and complete responsibility for any injury or accident which may occur to me during the race, or while I am on the premises of the event, and I hereby release and hold harmless the sponsors, promoters, all other persons and entities associated with the event or their agents or employees or otherwise. I further certify that I am in good physical condition and fully able to participate in this event. I understand that fees are not refundable and that bikes, skateboards, skates or glass are not allowed. If under 18 years of age, must have signature of parent or guardian.

\_\_\_\_\_  
Entrant's Signature

# 11th Annual Firemen's 5K and 1 Mile Fun Run



Saturday, May 23, 2009

In memory of fallen Fort Worth Firefighters

**Phillip Dean  
and  
Brian Collins**

benefiting  
The WARM Place  
and  
The Compassionate Friends

## When

Saturday, May 23, 2009

8 am

## Where

Arborlawn United Methodist Church  
5001 Briarhaven  
Fort Worth, TX 76109  
(behind Fort Worth Public Library on Hulen)

## Entry Fee

\$18 before 5/18/09

\$20 after 5/18/09

\$25 race day

## Information

www.firemens5k.com

817.819.5530

info@firemens5k.com

## Benefiting

The WARM Place 501(c)(3)

The Compassionate Friends 501(c)(3)

## Course

USATF certification pending point-to-point downhill course. Expect your fastest time!

## Awards

Medals to top 3 male & female winners in the following age groups: 8 & under; 9-11; 12-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75+. Trophies to top male and female Overall winners and Masters Overall winners.

ChampionChip will score the 5k run only. Participants must pick up chip on race day morning. Chips must be worn to be an official participant. Please return chip immediately after the race. A \$30 fee will be assessed on any unreturned chips. Timing provided by RunTIME, powered by ChampionChip.

## Registration

Register online at [www.active.com](http://www.active.com) or pre-register by mail, postmarked by May 18, 2009, by sending entry form and fee to:

Firemen's 5K  
PO Box 10249  
Fort Worth, Texas 76114

OR

Register in person and packet pickup:  
Thursday, May 21, 4 to 7 pm  
Friday, May 22, 3 to 7 pm  
at  
Arborlawn United Methodist Church  
5001 Briarhaven  
Fort Worth, TX 76109

## Race Day Registration

6:30 to 7:45 am

Arborlawn United Methodist Church  
5001 Briarhaven  
Fort Worth, TX 76109

## Transportation

Buses will return runners to the starting area after they complete the run.

## T-Shirts

Guaranteed to only pre-registered runners



## Sponsors:

Fort Worth Professional Firefighters Association  
Marsha Maring -  
In Memory of Adam Tilton  
Bick's Construction  
Auxiliary to the Fort Worth Firefighters  
Kearney/Wynn, A Texas Professional Corporation  
Durant Toyota  
O'Reilly Family  
Hank & Charlie's Automotive  
Kimbriel Law Firm  
Clo Genovese -  
In Memory of Vince Genovese  
Paddle Bound River Outfitters  
Spring Creek Restaurants  
Pack Optical  
River Oaks Lions Club

## Contributors:

Arborlawn United Methodist Church  
Alliance Bus Charters  
On the Border  
Dean Enterprises  
Print, Sign & Design  
Fort Worth Screen Printing  
Justin Boot Company  
Chippewa Boot Company  
Azle Landscape & Nursery  
Mimi's Cafe  
Monticello Spring Water  
Einstein BROS Bagels  
LightCatcher Winery  
Spring Creek Restaurants  
DFW Personal Assistant -  
[www.dfwpa.com](http://www.dfwpa.com)